


The PHQ-9 Patient Health Questionnaire assesses for Major Depression and the need for treatment:

Over the last two weeks how often have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
Little interest in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling or staying asleep, or sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Poor appetite or over eating	0	1	2	3
Feeling bad about yourself or that you are a failure or have let yourself or family down	0	1	2	3
Trouble concentrating on things, such as reading News paper or watching television	0	1	2	3
Moving or speaking so slowly that other people could have noticed. Or the opposite, being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
Thoughts that you would be better off dead, or of hurting yourself in some way	0	1	2	3

Add Columns: _____ _____ _____ _____

Total Score: _____  Add your column scores

Interpreting the scores

4 or Less The score suggests the patient may not need depression treatment, unless they scored affirmatively for question #9.

5 -14 The score suggests the patient may need to consider treatment for depression, based on duration of symptoms and impairments – especially if they scored affirmatively for question #9.

Above 15 Warrants treatment for depression.

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, get along with other people?

Not difficult _____ Somewhat difficult _____ Very difficult _____ Extremely difficult _____

Source: The PHQ-9 is adapted from PRIME MD TODAY, developed by Drs Robert L. Spitzer, Janet B.S.Williams, Kurt Kroeneke, and colleagues, with an educational grant from Pfizer Inc., 1999